For Bus Transportation:

*Visit www.ridegrtc.com, or call 804-358-GRTC for the most current routes.

*For a Student Transit Pass for GRTC, go to the VCU Parking and Transportation Office at 1108 W. Broad Street. Present both your student id card and Student Transit Pass when boarding.

*All GRTC buses are fitted with bike racks.

For suggestions on many more community service options related to health care or any other area of interest, e-mail Beth Ward at bhward@vcu.edu, call 828-3648 or visit the Student Organization Development Office in room 018 in the University Student Commons.
Volunteering in Health Care

VCU Health Systems
VCU Medical Center is fortunate to have hundreds of volunteers that give of their time to help make the hospital a better place. This fast-paced environment provides many opportunities for those who want to serve.
At VCU Medical Center, volunteers:
- deliver flowers and mail to the patients
- read to children
- calm nervous families of patients receiving treatments or having surgery
- visit with patients
- work in the Three Bears Gift Shop
- assist in the clinics
- and much more!
If you are interested in applying to volunteer go to, http://www.vcuhealth.org/?id=907&sid=1 or call Volunteer Services at 804-828-0922.

Cross Over Ministries
Our team of employees and volunteers are committed to upholding CrossOver’s vision of “creating a healthy, vibrant community where every person is restored by the compassionate, healing love of God.” For more information please contact Jackie Wornom, Volunteer Coordinator, at jwornom@crossoverministry.org.

Fan Free Clinics
Medical Clinic Volunteer (skilled; non-professional) Involved with many aspects of the medical clinic, including (but not limited to) checking patients in, preparing exam rooms, assembling and filing charts, specimen testing, and assisting providers and staff. The Medical Clinic Volunteer must be self-motivated, detail-oriented, dependable, and compassionate and non-judgmental in their dealings with the populations we serve. The time commitment is at least 2 shifts per month, 3-4 hours per shift with a 6 month commitment.
FanFree Clinic
1010 N. Thompson Street
Richmond, VA 23230
(804) 358-6343

Sheltering Arms Rehabilitation
The Sheltering Arms volunteer program assists in the fulfillment of our mission of providing rehabilitation services of the highest caliber with compassion and respect, enhancing the quality of life to those persons experiencing disabilities, and offering financial assistance to those in need. The following are just a few of the areas where volunteers serve throughout the organization:
- Information Desk
- Mail Delivery
- Medical Records
- Resource Library
- Human Resources
- Business Office
- Therapy
- Patient Care
- Club Rec
- Activities
Go to the link below to contact the Volunteer Service Department
http://www.shelteringarms.com/jsa/contactvolunteerservices.aspx

The Virginia Home
The Virginia Home provides loving, lifelong residential care to adults with permanent physical disabilities. Each member of our care team is committed to service with dignity, dedication, and compassion for the 130 residents who live here. Volunteers are truly the heart of our Home.

Volunteer Opportunities
- Resident Companion
- Computer Assistant
- Community Outing Companion
- Department Assistance

For a list of more volunteer opportunities and to fill out an application please go to http://www.thevirginiahome.org/volunteer/

Volunteering Opportunities at Local Hospitals & Rescue Squads
- Chippenham Hospital – call (804)233-8882
- Henrico Doctors’ Hospital – call (804)289-4999
- John Randolph Medical Center – call (804)541-7417
- Johnston-Willis Hospital – call (804)330-2082
- Parham Doctors’ Hospital – call (804)747-5600
- Retreat Doctors’ Hospital – call (804)254-5262
- Spotsylvania Regional Medical Center – call (540)498-4142

Bon Secour’s volunteers change people’s lives, including their own.
A variety of activities are available to you as a volunteer that can involve direct contact with patients. Some may entail working with families, visitors, or community members while others occur behind the scenes.

Hospital Opportunities
- St. Mary’s Hospital
- Memorial Regional Medical Center
- Richmond Community Hospital
- St. Francis Medical Center

Community Outreach Opportunities
- CARE-A-VAN
- Hospice & Palliative Care
- Reach Out & Read
- Noah’s Children

To find volunteer opportunities in the Bon Secour Network please visit http://richmond.bonsecours.com/about-us-mission-and-outreach-volunteer-opportunities.html

- Tuckahoe Rescue Squad
http://tuckahoerescue.org/join/

Student Organizations
- Delta Epsilon Mu Pre-Health Fraternity (DEM)
- Engineering World Health at VCU (EWH at VCU)
- Cancer Awareness Team (CAT)
- Health Occupations Students of America (HOSA)
- Project REACH

Information about these organizations can be found on MYORGs, https://vcu.collegiatelink.net/